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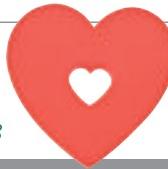
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Regional partnership to offer health-care training

» ottawa p.2



Husband charged

Man accused of manslaughter in wife's death

By TIM WIECLAWSKI
Metro Ottawa

The husband of a woman found dead at a west-end highrise on the weekend will appear in court today, accused of manslaughter in what has become Ottawa's third homicide in eight days and fifth of the year.

Demetrios Angelis, 38, was taken into custody immediately after police responded to a 9-1-1 call at 509-30 McEwen Avenue around 2 p.m. Sunday afternoon. Police yesterday charged the man in the death of his wife Lien Angelis, 42.

Police held Angelis in custody overnight Sunday for questioning and yesterday charged him after autopsy results showed the victim had died of foul play. Police did not release the exact cause of death, though reports indicate the woman had been strangled and wrapped in a carpet.

On Sunday, neighbours watched as police brought Angelis out of the building in handcuffs and in sock feet, where paramedics examined him before he

was taken away in a patrol car. The couple's two children, a girl around eight-years-old and a younger brother, were taken away in an ambulance.

Three women have been killed in Ottawa in just over a week, beginning on May 31 when police say Ryan Sawchuk killed his former fiancé, Alicia Bateman, in her Orleans home before hanging himself, and followed on June 4 when the badly beaten body of Pam Kosmack, 39, was discovered beside a city bike path, less than a kilometre from the scene of Sunday's slaying.

Residents in the area say two homicides in the space of three days in their usually quiet vicinity are shocking, but not a reflection of the neighbourhood.

"It could have happened anywhere. It doesn't mean anything about this building," said Morris Monette, who lives at 30 McEwen Ave.

A resident of a building across the street insisted yesterday to Metro that the neighbourhood was safe. Yet she later insisted that her name not be used, for fear of retribution from the still at-large assailant in the Kosmack death.

"It's scary. This is two murders now and we're right in the middle of it," she said. — tim.wieclawski@metronews.ca



MICHAEL KOOREN/REUTERS

Blue about Azzurri

An Italy fan looks dejected after the team lost to the Netherlands 3-0 yesterday in their Group C Euro 2008 opener at the Stade de Suisse stadium in Berne, Switzerland. Story, page 7.

CTV dekes out Hockey Night for 'Canadiana'

Like an aggressive team picking up a rival's top player, CTV television has acquired rights to the Hockey Night theme that has traditionally opened hockey broadcasts on the Canadian Broadcasting Corp.

The move, announced by CTV yesterday, is a major blow for CBC,

where the theme has acquired iconic status as the opening for Saturday Hockey Night in Canada broadcasts of NHL games since 1968.

CTV said it would use the theme for hockey broadcasts on TSN and RDS, its English- and French-language sports networks.

"In addition, CTV will utilize the song as part of its hockey coverage during the upcoming Vancouver 2010 Olympic Winter Games," Rick Brace, CTV's president of sports, said in a statement, calling the tune "a cherished piece of Canadiana."

Last week, Copyright Music & Vi-

suals, which controls use of the song, said CBC had advised it was not prepared to enter into a new licence agreement.

The head of CBC's sports programming defended the network's handling of the situation, saying there were limits to what the public

broadcaster could pay for the theme — suggesting the composer was asking for at least \$2.5 million.

"I don't think the taxpayers would have liked that," Scott Moore said.

Financial details of the agreement with CTV were not disclosed.

REUTERS

ottawa



An Ottawa Police blitz of city "hot spots" for motorcycle and car racing activity on the weekend led to the seizure of three motorcycles under new provincial "stunting" rules – including one for performing a "pop-a-wheelie" and two for speeding 50 km an hour or more over the speed limit.

SOURCE: OTTAWA POLICE

Health campus for Outaouais

Partnership to offer regional training in health care

By TRACEY TONG
Metro Ottawa

Will learning locally make professionals stay put?

A new regional partnership announced yesterday is betting the Outaouais area's shortage of health professionals could be

eased by offering new training programs for nurses and other health care workers, in hopes that they will choose to stay in the region where they are educated, said Benoit Pelletier, minister responsible for the Outaouais region.

Through the partnership called Campus Santé Outaouais — involving a dozen regional agencies, schools and governments — groups will be offering training for nurses, lab

starting with partnership

» The plan might include a building in the future, but the partnership, which has been in the works for a year, is the main thing.

technicians, X-ray technicians, therapists and paramedics.

"The main goal is to provide manpower training," Pelletier said at a press conference at the Université du Québec in Outaouais. "We are making sure that they can get that training and making

sure they can do their residency here in Outaouais."

Existing programs, such as university-level nursing, will be consolidated and the group will develop new programs according to regional needs, such as for EMTs and respiratory therapists, said

Dr. Guy Morissette, president of the Agency of Health and Social Services in Outaouais.

The Outaouais is experiencing a shortage of qualified medical personnel, Pelletier said, and the problem is exacerbated by the fact that many students who leave the area to study are reluctant to return, choosing to work in the city where they graduated, other parts of Quebec or the U.S.

"Our rate of retention of

qualified personnel will undoubtedly be better when they have received their training here and have access to as wide a variety of programs as those available outside of the region," said Pelletier.

Agencies involved include different departments of the Province of Quebec, Université du Québec en Outaouais, CEGEP de l'Outaouais, Heritage College and McGill University.

Banking on a better street closure

Merchants hopeful blocking Bank St. won't hurt again

By TIM WIECLAWSKI
Metro Ottawa

A fresh round of construction means some Bank Street merchants will be facing their second extended street closure in less than a year.

A \$7-million, planned infrastructure renewal project that officially began yesterday is expected to close Bank to vehicle traffic between Somerset Street and Laurier Avenue until mid-November, less than a year after a partial building collapse closed part of the area for around three months.

Merchants still smarting from the light foot traffic that followed the partial collapse of the Duke of Somerset building last year hoped this closure would not impact



Work on a six-month, \$7-million infrastructure renewal project began yesterday as crews started ripping-up a five-block section of Bank Street, between Laurier Ave. and Somerset Street.

business in the same way.

"I don't see it helping traffic, but it's got to be done," said John Stephens, General

Manager of Henry's Ottawa, which is close to the intersection. "It's a little too early to tell at this point."

The purpose of the work is to replace water mains, sanitary sewers, and storm sewers that were installed in

1875, but it will also result in new road surface, wider sidewalks and new streetlights and trees.

"We're redoing everything on the street," said Luke Foley, senior project manager Construction Services West. "We're giving it a major facelift. It really needs it, everything in the ground is 100 years plus."

At Gabriel Pizza, which is at the intersection, Marie Thomas said it's frustrating that businesses will be affected again.

"We can't sit out on the patio with all the dust and noise," she said.

While work is being done, OC Transpo is redirecting routes, 1,2,4,7 and 316. Most routes that normally travel north-south will be diverted to Kent Street when travelling south and O'Connor when travelling north, between the closed section of Bank Street.

— tim.wieclawski@metronews.ca

Gatineau

Head-on crash calls for Jaws of Life

CRASH One man needed extrication after a car lost control following a minor collision and struck an east-bound pickup truck head-on in Gatineau yesterday.

Constable Isabelle Poirier said that firefighters who arrived on the scene shortly after the 7:49 a.m. crash used the Jaws of Life to extricate the driver of the first car, a 52-year-old man, from his vehicle. He suffered injuries to his neck and back, but his injuries are non-life-threatening.

The driver of the pickup truck, a man in his 50s, also suffered non-life-threatening injuries to his neck and back. Both men were transported to hospital.

The 52-year-old motorist apparently lost control after striking the mirror of another car that was heading west-bound on Tache Road, at the De Massicotte Street intersection. **TRACEY TONG/METRO OTTAWA**

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Ground broken for new sports centre

Gatineau facility helped lure men's national VB team

By TRACEY TONG
Metro Ottawa

Construction began yesterday for a new \$50.4-million

sports facility in Gatineau.

Officials marked the beginning of work with a groundbreaking ceremony for the facility that helped lure Canada's national men's volleyball team to the city.

Located near de la Gappe and de la Cite boulevards, the centre will measure

17,600 square metres and features contemporary architecture. Decarel Inc. will lead the construction.

The total investment, including construction and equipment, is \$50.4 million, with contributions of \$10 million each from the provincial and federal gov-

ernments. The site's features include an eight-lane, 50-metre Olympic pool, diving towers and a 2,000-square-metre gymnasium.

"We will be able to accommodate teams and competitions of regional, national and international calibre," said Gatineau

Mayor Marc Bureau in French.

Last month, the Canadian men's national volleyball team cited construction of the new centre as one of the main reasons it awarded Gatineau its national training centre for the next three years.

The project has important employment, economic and tourism spinoffs for the city and the area, said Benoit Pelletier, minister responsible for the Outaouais region.

The facility is slated to open in fall 2009.

-tracey.tong@metronews.ca

»news In Brief

» **CONFINED** Police arrested a 36-year-old man who allegedly forcibly confined a 25-year-old man in his Gatineau home and robbed him of video games and money, police said yesterday. At 8:20 p.m. on Sunday, a 36-year-old man entered a Papineau Road residence and confined him while he robbed him, said Const. Isabelle Poirier. The suspect left soon after. Police arrested a man shortly after he returned to his home. There were no injuries in the incident.

» **PURSE SNATCHING** A woman walking downtown early yesterday had her purse snatched by a suspect wielding a weapon. The 28-year-old victim was walking in the area of 84 Third Avenue, near Bank Street, just before 3:50 a.m. when a male on a bicycle approached her from behind. He grabbed her purse, fleeing northbound on Bank Street. The woman was not hurt during the robbery. The suspect is described as a tall white male on a bicycle wearing sunglasses and a bandana over his head. The purse was black with an undisclosed amount of money. Anyone with information can call police at 613-236-1222, ext. 5212.

» **HOUSING** New home construction remains strong in Ottawa, with total housing starts up from this time last year, the Canada Mortgage and Housing Corporation said yesterday. Housing starts rose 5.3 per cent, to 677 units in May 2008 from 643 units in May 2007. Year-to-date starts are up by almost 33 per cent in 2008 over the same time period in 2007.

» **TRANSIT** Eastern Ontario mayors and reeves will be in Ottawa Friday to discuss the region's transit plans. Federal Transport Minister Lawrence Cannon, provincial Municipal Affairs Minister Jim Watson and National Capital Commission executive Marie Lemay will also attend the morning summit. The objective of the summit is to put in place a group of mayors and reeves to work with staff from Ontario municipalities to start preliminary plans on a regional transit network.

» **CLARIFICATION** Stephanie Desormeaux is a resident of 30 McEwen Ave. but is not a direct neighbour of Unit 509, where a woman was found dead on Sunday. Also, the quote attributed to Desormeaux that she "heard screaming and crying" on the fifth floor should have specified the sounds were made by an infant. A story in the June 9 Metro edition may have implied otherwise.

METRO OTTAWA

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Vancouver Mayor Sam Sullivan, left, won't be running for re-election under his party banner, the Non-Partisan Association, as his party voted for Coun. Peter Ladner in Sunday's leadership nomination process.

SOURCE: CBC NEWS ONLINE

Controversial immigration bill passes

Vote gives new powers to minister
Sweeping — and controversial — immigration reforms that will shake up the way Canada chooses its newcomers passed a final vote in the Commons last night.

Bill C-50 passed 121-90 last night despite the criticism of opposition parties, including the Liberals, who said they were opposed to the changes but didn't vote in sufficient numbers to actually defeat the legislation — a deliberate move to avoid

sparking an election.

Under the changes, Immigration Minister Diane Finley will have the power to issue "instructions" to her department to give priority to categories of immigrants whose job skills are in demand in Canada. At the same time,

she would have the power to refuse applications in other categories. NDP Leader Jack Layton said if Finley is truly interested in cutting the backlog of more than 900,000 applicants, she should deploy more staff to the busiest offices.

TORSTAR NEWS SERVICE



CHRIS WATTE/REUTERS

Even though there's no election in sight, the Conservatives have launched attack ads against Stéphane Dion and the Liberal Party over its plans for a carbon tax.

Dion responds to attack ads

Tories target Grits' carbon tax plan

Accusations of tax grabs and insults flew in Parliament yesterday as the Conservatives engaged in early battle with the Liberal Party over Stéphane Dion's plans for a carbon tax.

Dion is set to make his carbon tax plan the main talking point of his summer barbecue circuit and possibly the next election campaign — but the Conservatives clearly want to define the issue be-

fore he does, and launched a series of attack ads on Sunday over the issue. The ads are being broadcast on radio and also being aired at gas station pumps. The ads refer to "Dion's tax on everything" and contest the Liberal claim that the carbon tax would be balanced by income tax cuts.

"When are the Conservatives going to stop insulting Canadians and offer a real plan to tackle climate change instead of cartoons and a campaign of lies?" Dion asked.

REUTERS

Flaherty open to oil options

Finance Minister Jim Flaherty is keeping his options open as he heads into a discussion on soaring oil prices at a meeting this weekend of finance ministers from the world's top industrialized countries.

Flaherty said yesterday that although he believes markets, not governments, set oil prices, he is willing to

listen to those who encourage boosting oil supplies as a way to lower prices.

"I'm sure we'll be talking about it. I suppose we could encourage more supply, that's certainly what some of the ministers have been talking about," he said.

The annual meeting comes ahead of next month's G8 summit.

REUTERS

»news In Brief

» **SMOKES** Shop owners in Ontario, Quebec and a few other provinces must now hide tobacco products from their customers under rules that will cover most of Canada by year-end as the country tries to stamp out smoking by young people.

» **FIRE** A man and two police officers were severely burned in a fiery explosion yesterday morning near Cornwall, Ont., after the man allegedly threatened to burn down a house. The officers were sent to an Ottawa hospital for treatment. METRO NEWS SERVICES

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world



One of the last shipments to a U.S. research base in Antarctica before the onset of winter darkness was a year's supply of condoms, a New Zealand newspaper reported yesterday.

REUTERS

'I will use a knife'

Man arrested in Tokyo killings posted warnings on website

A man arrested for killing seven people in a knife rampage on a crowded Tokyo shopping street posted dozens of warning messages on the Internet in the hours leading up to the attack, Japanese media reported yesterday.

Japanese police arrested a 25-year-old blood-spattered man at the scene for driving a truck into a crowd of Sunday shoppers in Akihabara, Tokyo's biggest electronics shopping district, and then walking down the street



Tomohiro Kato is seen in this undated photo.

blog postings

» In the last of more than two dozen Internet postings, he wrote a few minutes before driving a truck into a crowd: "The time has come."

stabbing people at random.

Passersby prayed and dropped flowers yesterday at the scene of the attack, as a bewildered Japan tried to

make sense of the latest in a series of random acts of violence.

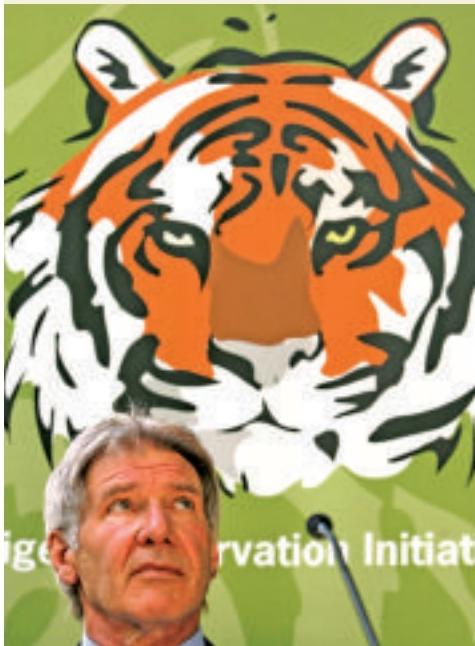
Before the rampage in Akihabara, the arrested man, Tomohiro Kato, had warned on an Internet site that "I will kill people in Akihabara," Japanese media reported.

"I will crash my car and when the car becomes unusable, I will use a knife. Goodbye, everyone!" the man wrote on his Internet site early Sunday morning, the Asahi newspaper said.

The Mainichi newspaper said Tokyo police had heard of similar posts on another Internet site, but could not stop the attacks.

REUTERS

Wildlife Tiger initiative



oil companies

Obama says he'll impose new tax

ECONOMY Presumptive Democratic presidential candidate Barack Obama said yesterday he would impose a windfall profits tax on U.S. oil companies as he sought political gain from Americans' pain over high gasoline prices.

Launching a two-week focus on the economy after claiming victory in the Democratic presidential nomination contest, Obama drew a sharp contrast between his economic policies and those of John McCain, his Republican rival in the November election.

REUTERS

Harrison Ford takes part in the launch of the Tiger Conservation Initiative at the National Zoo in Washington yesterday. The initiative, backed by the World Bank and a coalition of partners, is aimed at protecting the tiger population and their habitat. Actors Bo Derek and Robert Duvall also support the initiative.

KEVIN LAMARQUE/REUTERS

Roman-era necropolis for the poor found

Archaeologists have discovered a nearly 2,000-year-old, intact necropolis on the outskirts of Rome that gives a rare insight into the lives of poor labourers in the Roman era.

The simple burial complex, dating to the 1st and 2nd cen-

tury A.D. when the Roman empire was at its height, held about 320 tombs bearing well-preserved skeletal remains and artifacts like lamps and jewellery to accompany the dead into the after-life.

Archaeologists yesterday

hailed the discovery as significant for offering a rare glimpse into the beliefs and traits of one of the poorest sections of Roman society — labourers or slaves who probably carried merchandise at a nearby port.

REUTERS

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In Brief



» **QUAKE** Chinese troops are carving a third drainage channel into the unstable dam holding back a big "quake lake," as water levels rise and aftershocks send more debris tumbling into the water, state media reported yesterday.

» **WEATHER** A dam near the Wisconsin Dells resort area broke yesterday, sweeping

away some homes, as torrential rains caused more flooding across parts of the U.S. Midwest, authorities said. No deaths or injuries were reported, though residents living beside a few rain-swollen rivers in central Wisconsin were urged to evacuate, the Columbia County Sheriff's office said.

REUTERS



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Beer sales falling

Drinkers' tastes changing: Study

Booze sales in Canada last year grew at their fastest pace in four years due in part to higher prices and population growth, new data from Statistics Canada shows.

Imports rose faster than domestic brands, though Canadian-made products still

red, red wine

» By dollar amount, red wine sales have jumped 130 per cent since 2000, while white wine sales are up just 33 per cent.

dominate the market, yesterday's report also revealed.

Beer remained the No. 1 alcohol beverage of choice, but wine continued to grow

at a faster pace. In Ontario, sales of beer actually declined for the first time in 10 years, the study also said.

Consumers continued to shift away from beer and toward more wine, particularly red wine, the study noted. Over the past decade, sales of beers have declined to 47 per cent while wine grew to 28 per cent of the market.

TORSTAR NEWS SERVICE

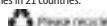


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Metro is the world's largest international newspaper, with more than 20 million daily readers in 100 major cities in 21 countries.

**news
In Brief**

» **IPHONE** The next generation of Apple Inc.'s iPhone will be cheaper, run on 3G high-speed mobile networks and, for the first time, be made available to Canadians. It will go on sale July 11 in Canada through Rogers Communications. The 8-gigabyte version will cost \$199 (\$299 for the 16-gigabyte version), the same as in the United States.

TORSTAR NEWS SERVICE

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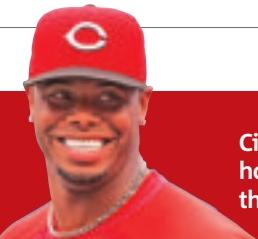


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sports



Cincinnati Reds slugger Ken Griffey Jr., left, belted his 600th career home run against the Florida Marlins last night to become just the sixth player in history to reach that milestone.

METRO NEWS SERVICES

Burke still lurks, but Kirke won't irk NHL

It's so darned obvious, eh? Ron Wilson is hired as the Maple Leafs' new coach and his boyhood chum, Brian Burke, will eventually escape from his general manager's office with the Anaheim Ducks to become the newest chief of the woebegone organization.

The two then will put their heads together in hopes of finishing four decades of feeble futility.

The only problem with all this?

It ain't true. Not yet, anyway.

I know because Gord Kirke looked straight into my eyes over breakfast and told me there is no concrete plan for the Leafs to recruit Burke. Were anybody else on the planet telling me there's no merit to the Wilson-Burke theory, I wouldn't believe them. Kirke, however, is the man retained by the Leafs to find their new boss and, more importantly, is irrefutably the most honest and scrupulous individual I've met in 30 years of covering professional sports. He's different. He's a lawyer, but he isn't a liar. He's amicable, yet relentlessly tightlipped. He does



YORK REPORT
MARTY YORK
marty.york@metronews.ca

what's best for his clients — whether they're players, executives, journalists, the Blue Jays or the Leafs — even if it means becoming a target of castigation himself.

And, indeed, Gord's become something of a human punching bag, as his initial plans to quickly hire a new GM became a slower process, with twists and turns. TV loudmouth Don Cherry decided to deride Kirke publicly. And fans are lambasting him on the Internet, questioning his wisdom and approach.

I assure you there's method to his madness, though. He won't divulge details, of course, but others will, and here's what they tell me:

Ultimately, Burke may indeed become the Leafs' GM, but there'll be no Kirke-Burke contact until it's legal. Ditto for other estab-

lished GMs, including Ken Holland, Jim Rutherford, Doug Wilson and David Poile. Kirke attempted to speak to all five NHL mavens in recent months but was denied permission. Yet all five will be contractually free after next season.

Kirke will interview them then. If Burke gets out of his Anaheim deal sooner, which is certainly possible, Kirke will contact him then. But he won't upset the NHL with surreptitious pursuit.

In the meantime, Cliff Fletcher will be the Leafs' interim GM and will hire an assistant, possibly Doug Gilmour. And Kirke will continue his search for as long as necessary.

And, no, he's not deliberately dragging on the process to remain on the Leafs' payroll. He receives a one-time fee from them, regardless of how long the search takes. It's just that he'd like to do the job right.

Sure, the Wilson-Burke tandem may become reality in Toronto but it's by no means a done deal yet.

Honestly.

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

Oranje power past Azzurri

Dutch earn 1st ever Euro win over Italy

EURO 2008

The Netherlands lit up Euro 2008 yesterday with a landmark performance to stun world champions Italy 3-0 while their wonderful fans delivered an example of colorful, noisy but peaceful support.

It was the Netherlands' first win over the Italians in nine attempts spanning 30 years — their last success coming in the 1978 World Cup — and Italy's worst-ever defeat in a European Championship.

It also put the Dutch in early control of the fearsome



Wesley Sneijder of Netherlands scores his team's second goal against Italy's goaltender Gianluigi Buffon yesterday during preliminary-round action at Euro 2008 in Bern, Switzerland.

Group C after France were earlier held to a 0-0 draw by underdog Romania.

"I'm happy and proud but it is only a first step," said Dutch

coach Marco van Basten.

Ruud van Nistelrooy, Wesley Sneijder and Giovanni van Bronckhorst scored the Dutch goals.

REUTERS

SCOREBOARD

NBA

BOSTON VS. LA. LAKERS

Game 2 — Sunday
Boston 108 L.A. Lakers 102.
Game 3 — Tonight
Boston at L.A. Lakers, 9.
Game 4 — Thursday
Boston at L.A. Lakers, 9.
Game 5 — Sunday
*Boston at L.A. Lakers, 9.
Game 6 — Tuesday, June 17
*L.A. Lakers at Boston, 9.
Game 7 — Thursday, June 19
*L.A. Lakers at Boston, 9.
(Boston leads series 2-0)
(* if necessary)

MLB

YESTERDAY'S RESULTS

AMERICAN LEAGUE

Chicago White Sox 7 Minnesota 5
Kansas City 3 N.Y. Yankees 2
Seattle 3 Toronto 2 (10 ings)
Cleveland at Detroit
Tampa Bay at L.A. Angels
NATIONAL LEAGUE
Pittsburgh 5 Arizona 3
Cincinnati 9 Florida 4
San Francisco 3 Washington 2
TONIGHT'S GAMES
AMERICAN LEAGUE
Baltimore at Boston, 7:05
Minnesota at Cleveland, 7:05
Chicago White Sox at Detroit, 7:05
Seattle at Toronto, 7:07
Texas at Kansas City, 8:10
N.Y. Yankees at Oakland, 10:05
Tampa Bay at L.A. Angels, 10:05
NATIONAL LEAGUE
Washington at Pittsburgh, 7:05
Arizona at N.Y. Mets, 7:10
Philadelphia at Florida, 7:10

CFL

PRE-SEASON

THURSDAY'S GAMES

Toronto at Montreal, 7
Winnipeg at Hamilton, 7

FRIDAY'S GAMES

B.C. at Saskatchewan, 9
Edmonton at Calgary, 9

EURO 2008

YESTERDAY'S RESULTS

Romania 0 France 0
Netherlands 3 Italy 0

TODAY'S GAMES

Spain vs. Russia, 12
Greece vs. Sweden, 2:45

TOMORROW'S GAMES

Czech Republic vs. Portugal, 12
Switzerland vs. Turkey, 2:45

BASEBALL

CAN-AM LEAGUE GAMES FEATURING THE OTTAWA RAPIDS:

TONIGHT'S GAME

OTTAWA at Brockton, 7:05

LOTTERIES

Ontario Pick 3 0 5 9
Ontario Pick 4 5 9 5 0
Encore 8580438

Daily Keno 4, 7, 12, 16, 19,
22, 23, 35, 37, 38,
40, 41, 43, 48, 49,
62, 65, 67, 69, 70.

Results not official



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Your love don't cost a thing

Avoid temptation to blow big bucks on dating scene

Who hasn't lost control when it comes to spending big bucks on dates?

We'll be the first to admit we've gone a little overboard in the past. Just last year one of us spent more than \$700 (in a state of panic) for the perfect outfit for a date. Another one of us managed to rack her Visa bill up into the hundreds, buying a cute dog leash and collar for her pooch, so her dog would look especially cute for their dog-walking date!

Whether you're treating yourself to a new outfit or treating your date to din-

ner and drinks, the quest for love can add up.

But impressing your date doesn't have to mean emptying out your bank account. In fact, your date is much

more likely to be impressed by the effort and creativity that has gone into planning your time together, rather than the money that you have dished out to make the date happen.

Here are some ways to keep your date hot and your spending in control:

» Rather than meet your date for dinner, get to-

gether over breakfast or lunch. Dinner is often the most expensive meal of the day and even though lunch menus often offer similar menu items, restaur-

ants often charge considerably less than dinner. Even better, meet for a coffee for your first date. Why invest a fortune when you're not even sure what the return on investment will be?

» If going to the theatre is your thing, purchase tickets for preview nights. Not only do you get to see the performance before

everyone else but you can also save money. Also check out community theatres for smaller productions, which come at a fraction of the cost.

» Now that we are in summer, most metropolitan cities start to offer cultural events, which are often inexpensive and sometimes even free. Why not grab a drink with a

date and check out the Jazz Festival? Also, art galleries often offer wine and cheese events that are open to the general public at a low cost.

These activities won't cost you a fortune and are a great opportunity for some flirty conversation and chance to really get to know each other.

And before you run out



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Rather than meet your date for dinner, get together over breakfast or lunch.

and spend hundreds on a new outfit for your next date, remember to check out your girlfriend's closets (we came up with this rule after the \$700 incident!). On a first date, you will be the only one who ever knows that that sexy shirt has been worn by someone else.

If you have questions for the Smart Cookies or want to share your confessions, please e-mail smartcookies@metronews.ca.

Tune in Wednesday night at 9 p.m. EST/PST on the W Network and be sure to visit smartcookies.com for more tips.

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A natural compound found in red wine may protect the heart against the effects of the aging process, researchers said recently.

REUTERS

Much more than intercourse

Yoga, sex, spirit merging for emotional awareness

Sex, meet spirituality. Spirituality, meet sex.

In a growing offshoot of the world of yoga, sex and spirit are coming together again after a long estrangement.

The most spectacular result of this climactic coupling of intercourse and prayer is – of course – transcendent orgasms that last longer and feel better.

But that's just the tip of the iceberg. Proponents of the spiritual approach to sex say it offers greater emotional awareness, more connected relationships, and a greater sense of fulfillment in life.

"People are hungry for meaning, for spiritual connection," says Gina Ogden, a sex therapist and author of several books about the connection between sex and soul. "This work offers a model for people to channel that which moves them most – and that might be their sexual energy – into a larger container that enables them to connect their feelings to the rest of their lives."

Influenced by modern psychology as well as ancient Eastern traditions, the spiritual approach to sex has sparked a startling new conversation about the emotional, mystical and spiritual powers of an act that has long been treated as a physical and psychological phenomenon.

You might have heard of Tantric sex and the Kama Sutra, but this new wave of sexual exploration places these ancient practices squarely in the present, aiming to help modern couples, both straight and gay, find sexual satisfaction.

Nicole Halpern's life was radically changed when she stumbled into the One Taste urban retreat in San Francisco in 2004. She thought it was a hair



In the pose of Yab-Yum, which means father-mother in Tibetan, couple Kim Ward-Campbell and Demian Melnyk focus on one of the postures of the sensuality movement.

salon, but stayed for a yoga class, then began taking courses in sensuality and orgasmic meditation. It was a whole new world.

"I'd always felt uncomfortable, shame around sex," she says. "It felt like something I couldn't talk about, something I had to hide."

One Taste, a sort of sex research lab with a full calendar of workshops, offered a safe place to explore parts of herself she'd long ignored.

Eventually Halpern, 34, gave up her job as a political activist to become a teacher and coach at the centre, and she

now practises orgasmic meditation daily.

"For me, it's a spiritual practice," she says. "I've learned not to just use my mind as a way to figure things out, but to use my body as a way to know and to have greater understanding."

Fulfillment spreads outward from orgasm into life.

"I've become more grounded," says Halpern. "I know how to channel energy. I have greater access to my body. I know how to ask for the things I want, and I know that I can have them."

TORSTAR NEWS SERVICE

surgeries

Cuba approves sex changes

MEDICAL Cuba — in the latest change since President Raul Castro took office in February — has allowed its doctors to perform sex change operations, a specialist at the National Center for Sex Education has said recently.

Cuba's health-care system will perform the procedures free of charge.

REUTERS

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orgasm vs. yogasm

» How does a "yogasm" differ? In orgasmic meditation, orgasm comes before full release, with the focus on extending and enhancing this moment.

» Valley orgasms, as opposed to peak orgasms, are associated with stillness, muscular relaxation

and intimate connection. Valley orgasms energize; peak orgasms can be exhausting.

» More information: Sex Therapist Gina Ogden, ginaogden.com; One Taste Urban Retreat Centre, onetaste.us.

TORSTAR NEWS SERVICE

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Did you know that the **number one cause of tooth loss** in adults over the age of 30 is **periodontal disease**? You might have noticed we have discussed periodontal disease in a number of our recent columns. The reason is simple: our goal is to make sure you keep your teeth as long as possible. And if periodontal disease is a primary cause of tooth loss, we want you to be informed on how to prevent it.

You should also know that periodontal disease poses other health risks. **Periodontal disease results from bacteria build-up below the gum line. Bacteria can cause infections** and infections can travel throughout the entire body, sometimes causing an assortment of other health issues.

That is why we are so excited about a **new technological development** in the fight against periodontal disease. That technology is called **Periowave**.

Periowave provides a quick and effective treatment. It involves two simple steps. In the first step, a photosensitizing solution is applied just below the gum

line. The solution attaches to the harmful bacteria.

For the second step, a **non-thermal laser light** is placed into the area filled with the solution. A quick, **60 second blast** is all it takes to kill the harmful bacteria.

Traditional treatment for periodontal disease has usually included such options as antibiotics or surgery. These are still viable options. However, like you, we prefer to resort to surgery only when necessary. And as for antibiotics, the less we use them, the less likely we are to build up an immunity to them.

That is why **Periowave** is such a wonderful treatment option. **Periowave is quick, painless and, most importantly, effective!** You might feel a cool sensation from the liquid solution and some tingling from the laser. But that will be it! There is no pain during treatment! No recovery period is required.

Healthy Habits Lead to Healthy Lives
Dr. George Parry
Dental Surgeon



Quite simply, **Periowave provides a non-invasive, non-surgical and non-drug option to treat periodontal disease!**

So if you notice such signs as persistent bad breath, gums that bleed as you brush or gums that appear swollen, talk to your dentist. You may have periodontal disease. When you discuss treatment options, **ask if Periowave might be right for you.**

In the meantime, keep in mind that **regular visits to your dentist can be the best defence** against the development of periodontal disease. Just because you may not be experiencing any of the symptoms we discussed does not mean you don't need to visit a dentist. The problems may be there, but you just may not be aware of them yet.

So keep in mind, treating periodontal disease is a healthy habit...and healthy habits lead to healthy lives.

Five natural highs**alive**

From the editors of alive magazine; alive.metro@alive.com

Here are five ways to rev up your summer exercise routine:

1. Pumping iron

» Strength training not only increases muscular strength but also improves quality of life and increases metabolism.

2. Doing "one hundreds" and "downward dogs"

» A number of innovative instructors have combined Pilates and yoga positions for a fusion of mind/body workouts.



Fusing yoga moves, like this downward dog pictured, with Pilates positions can help enhance mind/body workouts.

3. Basic training at boot camps

» Boot camp franchises cater to the individual who wants their fitness served with a dose of fresh air and military-style instruction.

hottest (and most daring) workouts include pole dancing, chair dancing, and cardio striptease.

5. Channelling your inner stripper

» Los Angeles and New York's

alive is Canada's award-winning natural health and wellness magazine. Visit alive.com for more.

UNIQUE Korean Experiences!

Ambitious travellers looking for sparkling cultural experiences need look no further than the Korean peninsula for the chance to do something truly new, exciting and unique.

Take a break from peaking at tapestries by resting yourself with an invigorating Temple Stay at one of Korea's spiritually rich Buddhist temples. With most temples located in national or provincial parks throughout Korea, a Temple Stay can offer a perfect combination of natural beauty and historical charm.

Each Temple Stay is much more than a simple chance to relax, however. It is a complete, unified experience offering adventurers a chance to experience a multitude of Korean cultural delights simultaneously.

Travellers doing a Temple Stay can attend a Buddhist ceremony and participate in Seon (Zen) meditation, with many temples offering training programs and instruction in meditation and Buddhist martial arts.

The highlight of any Temple Stay is the tea



ceremony where contemplation, flavour and relaxation combine to restore the mind and rejuvenate the soul, melding both together back into glorious harmony.

Choose an overnight experience or stop by for a temple day experience depending on your schedule – either way you are sure to enjoy yourself.

For travellers fascinated by how history and modernity intertwine, a visit to Korea's Demilitarized Zone (DMZ) is absolutely mandatory. Cutting the Korean peninsula in half and approximately only four kilometres wide along its 250 km length, the fortified border at the DMZ is of great political importance to Korean and international relations. Half-day tours to the DMZ can be accessed directly from Incheon International Airport or from many points in downtown Seoul.

For visitors looking for a more intense and invigorating experience, opportunities abound to enjoy hiking in one of Korea's many majestic national parks. With 70 per cent of the country covered by mountains, Korea is truly a hiker's paradise.

Seoraksan National Park in north-eastern Korea, Hallasan National Park on Jeju Island and Jirisan National Park in south-western Korea all offer prime hiking territory for the adventurous traveller hoping to experience some of Korea's peerless natural environment.

Korea Sparkling



Why not join a Taekwondo program to learn more about Taekwondo history and get trained in the graceful, empowering martial art? Beginners are most welcome and classes lasting a few hours usually take place in the morning, leaving the entire afternoon free for further exploration. Once you've fallen in love with the sport, check out the Taekwondo Cultural Festival which runs from July 4 – 11 as well.

With no shortage of unique experiences to choose from, a trip to Korea is sure to invigorate the senses, rejuvenate the soul and build wonderful memories.

To rejuvenate your soul, what might be included in your Korea package?

Question:

- A1: Temple Stay (Tea Ceremony)
- A2: Hiking in Mount Halla
- A3: Shopping in Dongdaemun Market
- A4: Taekwondo Experience

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Leonardo DiCaprio, left, is set to star in the biopic *Atari*, about Nolan Bushnell, one of the founding fathers of the videogame industry.

EW.COM

Sloan takes Parallel path

Rock act mines diverse influences on ninth album

By ROB MCMAHON
for Metro Ottawa

What's the connection between Led Zeppelin, a custard pie and one of Canada's best-known power-pop bands?

According to Sloan singer-guitarist Patrick Pentland, a touch of anxiety.

On the cusp of releasing *Parallel Play*, he's worried about the band getting pegged with another overriding influence, such as earlier comparisons to the Beatles. While Sloan has worked to shake that tag, it's a stress.

"The other day I brought a custard pie into the studio from a bakery down the street. Someone said 'Hey, remember Custard Pie, that Led Zeppelin song?'" he said. "Someone had it in their iPod and we put it on, and Jay said 'Why don't we rip

off the drum beat and write a song around it?'"...But then we thought someone might say 'Oh they're going through a Zeppelin stage!'"

Pentland also bats away possible connections to roots rock, despite the acoustic base of some of the new disc's songs and Wilco-esque production flourishes. Instead, he points to the band's diverse influences: rambling, electric-era Dylan, reggae, and keyboards played by Pentland's father.

This range, he said, stems from the band's song-writing process — an a p -



proach referenced in the title *Parallel Play*. The term, pulled from child psychology, describes a situation where children enjoy playing independently, but in the company of other kids.

"Sometimes in the past, we had not wanted to talk about how we

make songs, since there's this romantic idea we all struggle into the studio, and one person starts counting out the tempo and we all start playing," he said. "It's not like that. We all play

record together, but go off and write the songs alone."

Not every member likes Spoon- and Shins-style production flourishes — but Pentland sure does. Album-opener *Believe in Me* features backwards guitar, reverb, eight guitars layered over one another, and a delayed organ. Pentland assembled the song piece by piece over time — the opening guitar riff was actually written last, and then cut and pasted as an intro.

"You can play (the songs) on an acoustic guitar, but there's all kinds of production on top of that," he said. "It adds flavours... It's like making an apple pie and throwing in a little chili, or if your popcorn is too salty, you pour some syrup on it. It tastes good, even if it's not something you're supposed to do."

Parallel Play, the new album from Sloan, is available in stores and online today.

video awards



New Kids added to MMVA lineup

MUSIC MuchMusic has added the reunited New Kids on the Block to the list of performers at the MuchMusic Video Awards on June 15. This will be the first

Canadian television appearance for Donnie, Joey, Jordan, Jonathan and Danny in more than 15 years.

Hedley, Kardinal Offishall, and Rihanna will also perform at the MMVAs.

The New Kids tour North America this summer and fall, stopping in Montreal on Sept. 20.

TORSTAR NEWS SERVICES

tops acts

» Leading nominees for the MMVAs include Hedley, Belly and IllScarlett.

the music industry.

"The music world's a made-up bunch of hypocritical rubbish," he told the Times.

"And the art world? ... Basically, they are who they say they are. They don't pretend. And having been in the music world most of my life, I can tell you it's not that way. Let's just say it's less ... dignified."

REUTERS



Dylan swaps concerts for canvas with art show

Bob Dylan, revered as a singer, songwriter, author and poet, is also an experienced artist, a new exhibition of his paintings shows.

The Halcyon Gallery in central London has put on display dozens of works by the 67-year-old musician, mainly vibrant versions in water colour and gouache of a series of drawings he created between 1989 and 1992

while on tour and in studios. The works were published in 1994 in a book called *Drawn Blank*, and years later Dylan revisited the series after a curator at an art gallery in Chemnitz, Germany, approached him.

The original drawings were digitally scanned and in some cases enlarged before Dylan re-worked them using different colour

schemes.

The result is *The Drawn Blank Series*, a collection of everyday scenes including train tracks, portraits, sunflowers, wrecked cars, trucks, still lifes and semi-erotic images of a bare-breasted woman or sisters in various stages of undress.

Dylan has consistently resisted interpreting his work, be it music or art.

Speaking in the 1990s, Dylan explained: "The purpose of my drawings is very undefined. They're very personal drawings."

And in an interview with the Times newspaper to publicise the London show, he said any similarities with other, better known artists was "just by accident and instinctive."

Dylan also took a swipe at

Bob Dylan

GETTY IMAGES/STEVE PHILLIPS

JACK NICHOLSON

MORGAN FREEMAN

THE BUCKET LIST

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Brokeback inspires opera

New York City Opera has commissioned American composer Charles Wuorinen to write an opera based on Brokeback Mountain, the Annie Proulx short story that was turned into a film. The work will be part of the opera's 2013 spring season.

REUTERS

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HBO drama elicits envy

John Adams

Stars: Paul Giamatti, Laura Linney

Distributor: HBO DVD box set



AS A CANADIAN, it's hard to ignore a tug of envy while watching HBO's seven-part dramatic miniseries on the life of America's second president.

While the U.S. cable giant seems to be struggling to replicate the success of *The Sopranos* and *Sex And The City* in its regular programming, it continues to hit high points with its special programming, such as this adaptation of David McCullough's best-selling biography starring Paul Giamatti.

Giamatti plays Adams as



Paul Giamatti as John Adams in the HBO miniseries of the same name.

a seether, a man with a healthy ego nonetheless surprised at how history and greatness keep tugging

him into the centre ring. Adams was a complicated man, given the unenviable job of following George Washington into the presidency, aware of how he'd always be judged as lacking next to so clearly heroic a figure. Giamatti is

perfectly cast as the small man on a big stage, as is Laura Linney as his wife Abigail, quite literally his better half emotionally and intellectually.

Watching this carefully assembled and undeniably dramatic story play out over nearly 10 hours, one can't help but wonder that Canada has never found a way to do anything similar on the life of Alexander Mackenzie, never mind John A. Macdonald. (Our second and first prime ministers respectively, for the historically illiterate.)

DVD reviews

RICK MCGINNIS

rick.mcginnis@metronews.ca

ROGERS

There have been feints, but nothing on this scale, or with this sort of visual distinctiveness.

In a "making of" bonus feature, director Tom Hooper talks about his diligence in making sure his crew didn't lapse into the habit — drilled into them by years of experience — of making the actors look too pretty. His late-18th and early-19th century is a grimy, dirty place, and a dermatological wasteland, judging by the close-ups.

It helps that Giamatti and Linney are surrounded by a stellar supporting cast — watch out for Tom Wilkinson's Ben Franklin and Stephen Dillane's arrestingly still Thomas Jefferson.

more online

» For reviews of *Juniper*, *Dirty Harry Ultimate Collector's Edition*, *Witness Protection*, *High Noon: Ultimate Collector's Edition* and *Diva*, please visit metronews.ca.

Amy's hubby pleads guilty

The husband of troubled British soul singer Amy Winehouse has admitted to assaulting a pub landlord before attempting to cover it up, court officials said on Monday.

Blake Fielder-Civil, 26, admitted committing grievous bodily harm and conspiring to pervert the course of justice, charges which relate to a pub brawl in 2006.

Winehouse, who picked up five Grammy awards in February, made several visits to her husband in jail. Critics attending some of her recent performances have said the singer appeared to be deeply disturbed by the case.

The guilty pleas could be reported after judge David Radford lifted reporting restrictions on the case, an official at Snaresbrook Crown Court, east London, said.

Winehouse, 24, and Fielder-Civil married in May, 2007 in Miami. Fielder-Civil, a one-time music video assistant, has spent much of his first year of marriage behind bars, having been remanded in custody ahead of the trial.

REUTERS

HD sensory overload?

It's here, so might as well enjoy the view

TOO MUCH, TOO SOON?

The analog TV signal will go the way of the coal scuttle, phonograph needle and buggy whip next year, when the U.S. Federal Communications Commission has ordered that all TV signals must convert to digital, and as surely as dessert follows dinner the spread of high-definition signals will blossom in its wake, as all the folks who are buying flat panel TVs to replace their cathode ray tubes will realize just how good their new set can look with the right signal.

People often ask me just what's the right size of LCD or plasma TV for their home and my usual response is "how big is the door?"

The only thing that should stop you from going bigger when buying a new TV these days is what you can afford, and anyone who lets themselves get talked into going for a smaller screen when they can have a drive-in in their living room is going to regret their timidity.

That said, going high-def often results in a "shock of the new" for viewers, one summed up nicely by Matthew Gilbert this week in the Boston Globe, whose choice of inaugural programming for his first high-def foray was *The View*, and you have to know that he paid for it.

"My eyes tingle just remembering it all," Gilbert writes.

"Unaccustomed to the full disclosure that comes with HD's very many lines of resolution, its onslaught of visual data, I was blown away."

"If TV is like a drug, as some say, then I think HDTV must be like crystal meth, delivering a rush of hyper-clarity and sharpness



IDIOT BOX

RICK MCGINNIS

rick.mcginnis@metronews.ca

straight to the head."

But like any human overwhelmed with a new sensation, Gilbert wonders if it's too much, if it's all somehow ... well ... unhealthy.

Gilbert wonders if HDTV is "Too Much Information TV? When we watch a boxing match, do we really want to see every single drop of blood and sweat glistening in the klieg lights, sailing across the ring? Do we really need to see the View ladies, during a spat about Barack Obama, develop a veneer of perspiration, or glimpse the beating-hot overhead studio lights in the shine on guest Salman Rushdie's

bald dome?" As far as I'm concerned, the answer is yes, yes and yes. Gilbert suggests that old, standard-def TV does us a favour, as "it filters out the unnecessary."

"There are noises I don't need to hear, smells I don't need to smell, visuals I don't need to focus on."

I'd suggest that, in a week or two, overstimulated Gilbert would probably have found a way to tune out the new visual gloss, just as he probably doesn't wander the streets goggling at every flower bud and gum stain.

When I finally returned to TV after over 15 TV-less years, I made the mistake of turning on my new TV and cable box in the middle of the afternoon, and ended up with a weeks-long addiction to Coronation Street and syndicated reruns of *Designing Women*. I got better.

Rick McGinnis writes about music, movies, books and television, but not opera.

primetime news

sports family variety

Vu SC C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
6/10/08									
265 353 2 TVO Parks	Canadian Riveirs	The Agenda With Steve Paikin	Fields of Gold	Design e2	Design e2	Agenda-Paikin			
211 331 3 GTV ET Canada	Entertainment	NCIS "Suspicion" (HDTV)	Burn Up (2008, Drama) Neve Campbell			News (N)			
- 5 SRC Des squelettes	Tout	Beautés désespérées (SC)	Bons bâisers de France (SC)	Le Téléjournal (SC)		La Zone			
209 342 6 CHRO Wheel-Fortune	Degrassi: Next Movie	Jean-Pierre (N)	Canadian Idol Auditions.	Without a Trace (HDTV)		News (N)			
196 311 7 CTV eTalk	Jeopardy! (N)	The Moment of Truth (N)	Ron James: Back Home	Law & Order: SVU		News (N)			
208 303 8 CBC Coronation St.	Coronation St.	Rick Mercer (22 Minutes)	Outrageous	Law & Order: SVU		News (N)			
- 369 9 NBC Wheel-Fortune	Jeopardy! (N)	Outrageous	Law & Order: SVU			News (N)			
117 713 10 TVA Les angles de la rénovation	Histoires-filles	Caméra café	La Grande Évasion "Le Duel"	Le TVA 22 heures (N) (SC)		Sucré-salé			
- 11 QS Ste-Madeleine	Chemin du golf	Un homme à part * (2003, Policier) Vin Diesel, (SC)	Au cœur du mensonge (1998, Drame policier), Bernard Verley	Cent dix pour cent (SC)		Journal du soir			
137 763 12 TFO Panorama	Visages	Le Matos ou Laurie Henri	48 Hours Mystery (N)	Without a Trace (HDTV)		Super plantes			
- 362 13 CBS Dr. Phil	NCIS "Suspicion" (HDTV)	News (N)	48 Hours Mystery (N)	Without a Trace (HDTV)		Two/Half Men			
216 393 14 OMNI Law & Order: SVU	News (N)	News (N)	King	King		Cold Case			
214 344 15 CITY Friends	Hollywood	Friends	Hell's Kitchen (N)	Entourage		Role			
115 343 16 CFMT Two/Half Men	The Simpsons	News (N)	Vivere II	Life Today		News (N)			
218 345 18 CH The Insider (N)	E! News	X-Weighted "Heather"	Kimora: Fab Kardashians	Independent Lens (N)		Metropia			
- 361 20 ABC News (N)	Entertainment	Jimmy Kimmel NBA Count	NBA Basketball Finals Game 3 – Boston Celtics at Los Angeles Lakers.	Frontline (HDTV) (DVS)		Tavis Smiley			
512 394 24 CPAC Revue Politique	L'Heure politique	La Période de questions	La Période de questions	Independent Lens (N)		News (N)			
651 355 25 CTV Full House	Facts of Life	Michael Corin Show	Revue Politique	Prince of Pot-US vs Emery		National			
- 365 36 FOX TMZ (N)	Seinfeld	100 Huntley Street	Le Période de questions	Anderson Cooper 360 (HDTV)					
- 64 PBS Business Rpt.	Beijing-Ready	The Moment of Truth (N)	Entourage	Sportsnet Connected (Live)					
209 312 104 CTV Hollywood	eTalk	Nov (DVS)	Street Tuner	Le Club des ex					
502 390 26 NW News (N)	Newman	The Moment of Truth (N)	Low Life	Le National					
500 500 33 CNN Lou Dobbs Tonight	CNN Election Center	Canadian Idol Auditions.	Teenage Mutant Ninja Turtles II: Ooze	Le Téléjournal					
406 417 27 net MLB Baseball Seattle Mariners at Toronto Blue Jays. From Rogers Centre in Toronto.	Grands reportages (SC)	Odyssey	Teenage Mutant Ninja Turtles II: Ooze	Le Club des ex					
126 730 28 RDI Dominique Poirier en direct	Boxing	NBA Pregame	Frontline (HDTV) (DVS)	NBA Basketball Finals Game 3 – Boston Celtics at Los Angeles Lakers.					
400 280 30 TSN Euro Today (N)	News (N)	NBA Count	Futureama	Score Tonight					
410 403 52 SCR Canadian Open Poker Champ.	EPL Retro	Football Factories	Futurerama	The Spin					
411 457 56 QLN Exploration	Videos	Survivorman	Score Tonight	Strand-Peters					
417 406 59 SC Plinks (HDTV)	Pass Time	Am. Thunder	Surf Patrol	Pilot Guides					
554 544 48 TEL George-Jungle	Scooby-Doo	Am. Thunder	Street Tuner	Strand-Peters					
557 540 51 FAM That's Raven	Scooby-Doo	6teen	Low Life	Pilot Guides					
551 542 65 YTV Malcolm-Mid.	Smart Guy	6teen	Supre Bikes!	Strand-Peters					
570 580 29 MM Uncovered	Zack & Cody	Natural-Sadie	Supre Bikes!	Pinks (HDTV)					
615 520 31 A&E CSI: Miami "Dispo Day"	Uncovered	Mon. Warriors	Ned's School	Pinks (HDTV)					
575 583 43 CMT Chevy Cross Canada	Listed	Fries That?	Cory in House	Pinks (HDTV)					
502 395 34 TLC The New Detectives	Blonde	Shadow Raider	Falcon Beach	Strand-Peters					
145 761 35 TV5 Toute une histoire	Blonde	Fabulous Life Of...	Mystery Hnt.	Pilot Guides					
616 521 39 SHO ReGenesis "China"	Blonde	CSI: Miami "Dispo Day"	Hogan Knows	Strand-Peters					
620 520 40 BVO Bazart	Bravo! Videos	The First 48	Hogan Knows	Pilot Guides					
500 505 42 DIS Daily Planet (N)	How It's Made	CSI: Miami "Identity"	Listed						
575 583 43 CMT Chevy Cross Canada	How It's Made	CSI: Crime Scene Invstgn.	CSI: Miami "Identity"						
601 562 45 SLC Women on Top	Beyond Chance	Smash Lab	CSI: Crime Scene Invstgn.						
625 544 46 COM Air Force	Til Debt-Part	Reba	CSI: Crime Scene Invstgn.						
294 529 47 TBS Family Guy	Newlywed	Hope & Faith	CSI: Crime Scene Invstgn.						
600 564 49 H&G House Hunters	Matchmaker	Superstar Hair Challenge (N)	CMT30						
627 528 62 SPC Stargate SG-1	Corner Gas	Plastic-Perfect	CMT30						
581 568 53 MTV mtv e2	Laughs	Rocker Moms	Newlywed						
618 524 54 TROP News Show	Corner Gas	South Park	Autopsy						
522 505 55 HIS NCIS	What Happen?	MADtv	Vidéo						
129 773 60 CD Biographies "Josée Lavigne"	Science de l'incroyable (HDTV)	99 histoires de...	Jozé-H "Lightning"						
261 394 61 V Murder, She Wrote	Eyes Down	On the Buses	Mysterious						
602 567 62 W Will & Grace	Friends	Quantum Leap	Jozé-H "Lightning"						
269 350 70 APTN Wilipdog	Maxed Out	Style by Jury	Good Naked						
621 527 71 TLK Look-A-Like	Style by Jury	Kim Style by Jury	Good Naked						
603 561 95 FN Boy Grill	Regards	Guides	Maxed Out						
	Guides	Tears	We Joggin' 2						
	Guides	Sexiest Body Parts	Suanagan						
	eTalk	The Tonight Show/Jay Leno	PM on 3 GTV						
	Restaurant Makeover	Chef School	Feasting on Asphalt						
		At the Table	Restaurant						



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critics' corner

Law & Order: Special Victims Unit

She's not mentally challenged, but she does a fine job of playing it on TV in this episode. Young Paulina Gerzon, best known as Maddie on "All My Children," guest stars as the only witness to a brutal attack on her mom, which left the woman in a coma. Because of her disability, Benson and Stabler (Mariska Hargitay, Christopher Meloni) don't think she'll be a reliable witness, but with Huang's (B.D. Wong) help, they do get some interesting info out of her. 10 PM on 7 CTV



Burn Up

Environmentalism is serious business, so when a movie comes along spouting the importance of it, it's all up to the actors to make it interesting. In this new miniseries, an oil exec develops a conscience and becomes torn between fiscal responsibility and the environment. Neve Campbell, Bradley Whitford, Rupert Penry-Jones and Nigel Bennett star. 9 PM on 3 GTV

celebritybuzz

Lopez gets fit with fashion line



Superstar new mother Jennifer Lopez is reportedly designing a range of exercise clothes, to inspire her own battle to regain her pre-pregnancy figure, imbd.com reports. The singer/actress — who gave birth to twins Max and Emme in February — wants the clothes to go on sale alongside her current J.Lo, SweetFace and JustSweet lines.

A source tells *Ok!* magazine, "She has some street gear already in her lines, but she wants something exclusively for sneakers, yoga pants and dance gear. She wants it to look great in the gym and in the street, and to be affordable and functional."

Metro News Services

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Mills mad at rude audience

Heather Mills reportedly flew into a rage when party-goers refused to listen to her speech, femalefirst.co.uk reports.

The former model was due to talk about the cruelty of puppy farms at a New York party in support of a book about animals, but launched her verbal assault on guests when they continued to speak over her. She reportedly ranted into the microphone: "Listen up at the back. I haven't been up for 24 hours and flew here from London to be ignored."

Later in the evening, she is said to have complained about the reception she received, saying: "People go to these events, have a drink and leave."

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GETTY IMAGES

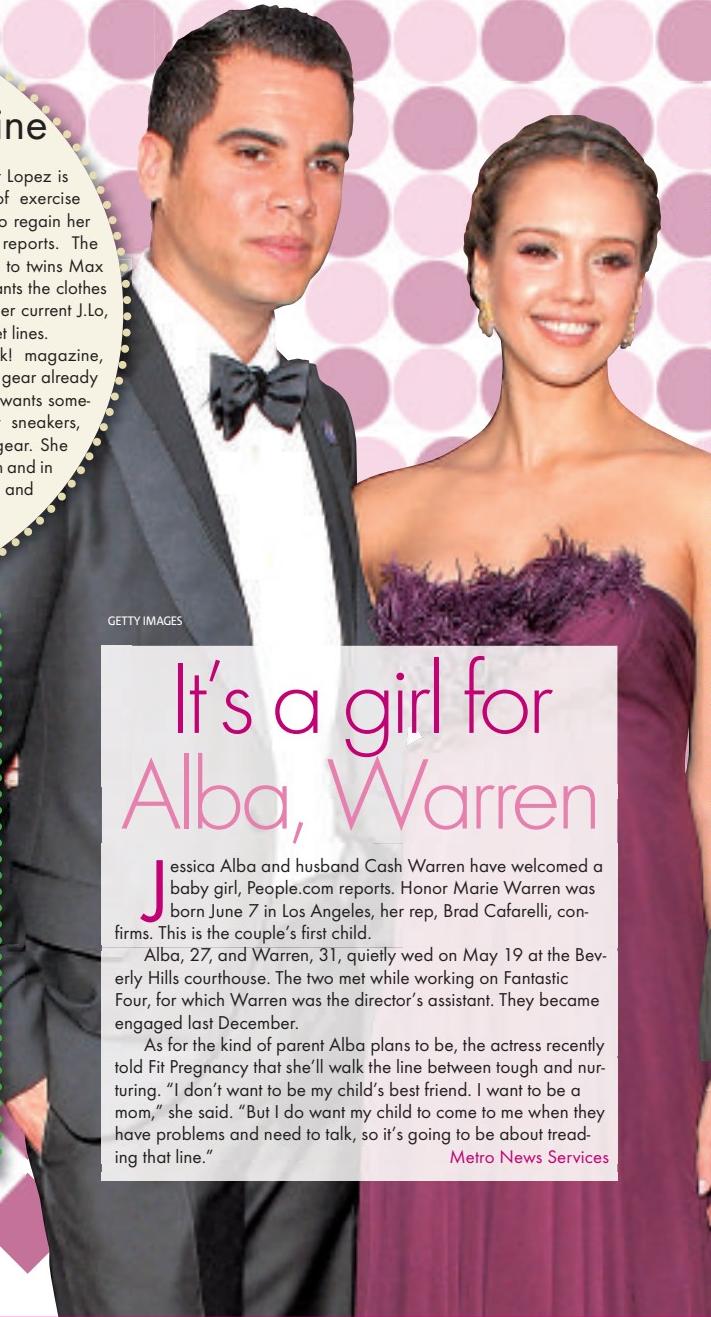
It's a girl for Alba, Warren

Jessica Alba and husband Cash Warren have welcomed a baby girl, People.com reports. Honor Marie Warren was born June 7 in Los Angeles, her rep, Brad Cafarelli, confirms. This is the couple's first child.

Alba, 27, and Warren, 31, quietly wed on May 19 at the Beverly Hills courthouse. The two met while working on *Fantastic Four*, for which Warren was the director's assistant. They became engaged last December.

As for the kind of parent Alba plans to be, the actress recently told *EW* Pregnancy that she'll walk the line between tough and nurturing. "I don't want to be my child's best friend. I want to be a mom," she said. "But I do want my child to come to me when they have problems and need to talk, so it's going to be about treading that line."

Metro News Services



Michael may halt Wham! film

A big-screen movie about 1980s hitmakers Wham! has been thrown into doubt after former frontman George Michael refused to give the project the go ahead, imbd.com reports. Michael formed one half of the group alongside Andrew Ridgeley and their former manager Simon Napier-Bell is in talks to make a \$100-million US movie about the duo's rise to fame. But Napier-Bell fears the film may never reach cinemas because of Michael's determination to control the production — and it will have to be scrapped if the star doesn't give the movie his blessing.

Napier-Bell says, "There are several people sniffing around a Wham! film but I'm not sure any of them will come off because they all require Wham! music in them — and George controls all that."

He will have the yes or no on each script presented. George would want control."

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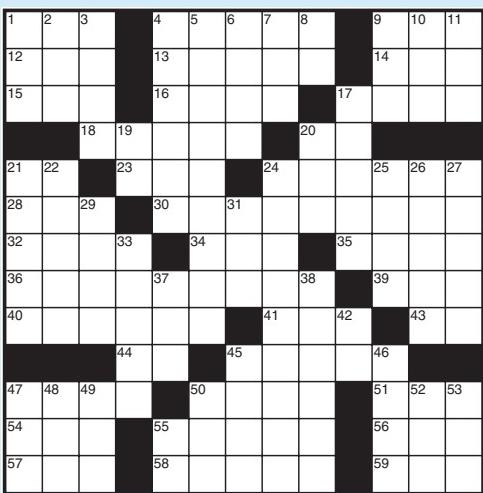
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**across »**

- | | | |
|----------------------|---------------------------|---------------------------|
| 1 Bratty kid | 23 — had it! | 43 Exist |
| 4 Garden tool | 24 Movie set fixture | 44 a premium |
| 9 Night before | 28 Courtroom vow (2 wds.) | 45 Hint of color |
| 12 London lav | | 47 Not terribly difficult |
| 13 Dazzled | 30 Scrambled | 50 Oboe feature |
| 14 Card-game cry | 32 Woolen caps | 51 Caustic substance |
| 15 Basinger or Novak | 34 Payable | 54 Feel poorly |
| 16 Memorable decades | 35 Area of London | 55 Run after |
| 17 Whacked weeds | 36 Tweeted | 56 Drop — line |
| 18 Dance all night | 39 Collar | 57 Attempt |
| 20 Madame — Barry | 40 Dragster | 58 Nut cake |
| 21 Great Lake st. | 41 Litter member | 59 Boat implement |

down »

- | | |
|---------------------------|-----------------------|
| 1 Class | 25 007's alma mater |
| 2 Miss Piggy's word | 26 Betty Ford program |
| 3 Grandeur | 27 Hacienda brick |
| 4 Dodge | 29 Leave out |
| 5 Was an omen of | 31 Mongrel |
| 6 Absent | 33 Digress |
| 7 — Moines | 37 Small fry |
| 8 Mag exec | 38 "Crocodile —" |
| 9 It may be fragile | 42 Film category |
| 10 Strive to win | 45 Split apart |
| 11 Come to the conclusion | 46 Furry red Muppet |
| 17 Camels' backs | 47 Have a hot dog |
| 19 Three-toed sloth | 48 Ventilate |
| 20 Dawn to dusk | 49 Wily |
| 21 Kind of doctor | 50 Greek P |
| 22 Baking potato | 52 Stadium cheer |
| 24 Weirdest | 53 Teacup handle |
| | 55 N.Y. neighbour |

previous answer**WORDY GURDY**

1. A large, open, flat area of land, especially one used for grazing animals. (10 letters)

2. A person who is easily annoyed or irritated. (7 letters)

3. A small, shallow depression in the ground. (5 letters)

4. A person who is easily annoyed or irritated. (7 letters)

5. A person who is easily annoyed or irritated. (7 letters)

6. A person who is easily annoyed or irritated. (7 letters)

7. A person who is easily annoyed or irritated. (7 letters)

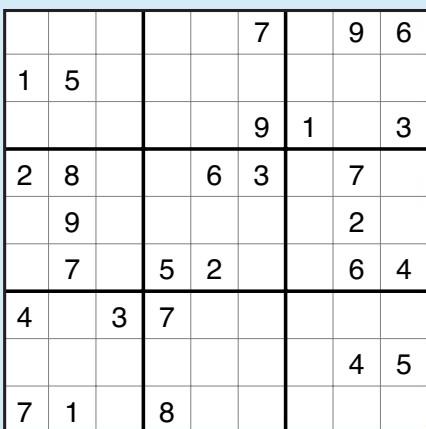
8. A person who is easily annoyed or irritated. (7 letters)

9. A person who is easily annoyed or irritated. (7 letters)

10. A person who is easily annoyed or irritated. (7 letters)



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**instructions »**

The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

solve time »

- | | |
|------------------|-----------------|
| Under 13 minutes | Genius |
| 13-17 minutes | Scholar |
| 17-21 | Smart |
| 21-25 | Pretty good |
| More than 25 | Keep practising |

previous answer

2	6	9	7	1	3	4	5	8
5	7	1	4	2	8	3	9	6
3	4	8	6	9	5	7	2	1
8	5	6	3	7	2	1	4	9
4	1	7	8	5	9	2	6	3
9	2	3	1	4	6	5	8	7
7	9	2	5	6	1	8	3	4
6	3	4	2	8	7	9	1	5
1	8	5	9	3	4	6	7	2

HOROSCOPE**ARIES** | March 21-April 20

An important letter should be written now. Have cash handy for yesterday's hero. Get outside and stay there a while.

TAURUS | April 21-May 21

Be perky when meeting with a stubborn fool. A VIP triumphs over you in a debate. A co-worker can't resist disturbing you.

GEMINI | May 22-June 21

Romance develops for very unusual reasons. Pay attention to signals. A foreigner will ask for help with practical plans.

CANCER | June 22-July 22

Reveal your plans to a heartbroken man. A rude person takes off for parts unknown. A call means a career change is pending.

LEO | July 23-Aug. 23

A supporter goes on an inconvenient vacation. Money problems cause changes to your comfort zone. A genius gives hope for future.

VIRGO | Aug. 24-Sept. 22

Being a stick-in-the-mud causes trouble. An outcast has the ambition to unseat a leader. Don't fall behind in the rat race.

LIBRA | Sep. 23-Oct. 23

Trust your instincts with a friend's sweetness. A strongly opinionated woman will disrupt a chat. Take care around angry women.

SCORPIO | Oct. 24-Nov. 22

Don't ignore the words of a concerned mother. You'll catch an unexpected slip-up. Good judgment has ended high expectations.

SAGITTARIUS | Nov. 23-Dec. 21

Talking things out takes more time. Be polite when a rude enemy arrives. Give a grovelling guy a break.

CAPRICORN | Dec. 22-Jan. 20

A plan is turning out all wrong. Laugh off a co-worker's pitiful accusations. Don't get stuck dealing with irrational people.

AQUARIUS | Jan. 21-Feb. 18

Pettiness is beneath a know-it-all. A distant man wins empathy from friendliness. You'll take control of your own life.

PISCES | Feb. 19-Mar. 20

An attempt is made to gain your respect. A heartbreaking topic is spoken about. Beware indulgence in comfort foods.

AVATAR VENUS

This Day IN HISTORY**June 10, 1944:** In baseball,

15-year old Joe Nuxhall of the Cincinnati Reds becomes the youngest player ever in a major-league game.

June 10, 1947: Saab produces its first automobile.**June 10, 2002:** First direct electronic communication

experiment between the nervous systems of two humans carried out by Kevin Warwick in the United Kingdom.

June 10, 2003: The Spirit Rover is launched, beginning NASA's Mars Exploration Rover mission.

WIKIPEDIA.ORG

Ottawa weather**Afternoon****Tonight****Wednesday****Thursday****The Weather Network**

theweathernetwork.com

Friday**Temperature Normals**

High: 23.5° Low: 11.5°

Records
High: 33.2°/1997
Low: 1.7°/1980

Sunrise: 5:14 a.m.
Sunset: 8:50 p.m.
Moonset: 1:04 a.m.
Moonrise: 1:05 p.m.

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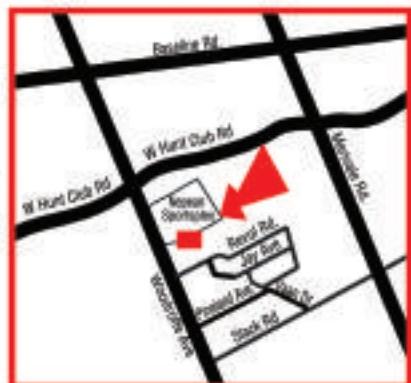
WHEN: Thurs. June 12th to
Mon. June 16th

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Saturday 10am - 6pm
Sunday 11am - 5pm
Monday 10am-6pm



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